



# Hineni

“HERE I AM!”

ANSCHE CHESED WEEKLY NEWS  
SHABBAT & YAMIM NORA'IM

a n s c h e  
c h e s e d

## UPCOMING

Please see the e-Newsletter and website for more information on events and for registration.

### NEW YEAR/NEW YOU

Join Rabbi Yael & NuYu Revolution Teachers for an Anshe Chesed New Year/New You Wellness Experience! As we begin the new year 5779, breathe, move, and connect with your body.

SUNDAY, SEPTEMBER 16 at 1pm

### “YES YOU CAN!” WORKSHOPS FOR JEWISH LIVING

Four Part Series

Every mitzvah you perform can be a poetic and spiritual moment for you, your friends and family, and community. Join Rabbi Kalmanofsky, Rabbi Hammerman, and Hazzan Hirschhorn for a series of ritual workshops throughout the year to expand your repertoire of the mitzvot you feel comfortable performing at home and in synagogue.

First Session on the topic of Sukkot: SUNDAY, SEPTEMBER 23

### SUKKAH DECORATING PARTY

Come and help us beautify the Sukkah! Children of all ages welcome!

SUNDAY, SEPTEMBER 23

### REFUGEE SHABBAT

We join synagogues across America to focus our attention on the current refugee crisis through the commemoration of Refugee Shabbat. Our plans for this Shabbat will be multi-generational, including programming for those of Hebrew School age, adults, and families. Our programming includes Iraqi Refugee Ahmed Badr at Shabbat dinner, reading groups, arts, community service projects, and multi-faith programming. Please plan to join us for these Shabbat activities to give appropriate focus to this important issue.

FRIDAY, OCTOBER 18 – SUNDAY, OCTOBER 20

### SEVEN SACRED STEPS: DEMYSTIFYING THE MIKVAH

Join Rabbi Yael for a deep dive into the ancient ritual of mikvah. How can mikvah be used as a ritual for healing, or to mark the passage of time and life transitions? This class is for you if you are curious about mikvah, or if you want to experience the mikvah for the first time with a supportive community. This class is for you if you are going through a moment of life transition – such as marriage or divorce, illness or healing, infertility or pregnancy. All who identify as a woman welcome.

First Session: MONDAY, OCTOBER 29 from 7:30-9pm

## STAFF

**Rabbi Jeremy Kalmanofsky**

**Hazzan Natasha Hirschhorn**

Music Director

**Rabbi Yael Hammerman**

Associate Rabbi

**Joshua Hanft**

Executive Director

**Darone Ruskay**

Director of Programming

**Mark Paul**

President

## USEFUL INFO

### Thinking About Joining?

[membership@anschechesed.org](mailto:membership@anschechesed.org)

For more information about our events, or to sign up for the Weekly e-Newsletter, visit [anschechesed.org](http://anschechesed.org)

### Like Us on Facebook!

[facebook.com/CongregationAC](https://facebook.com/CongregationAC)

## ANNOUNCEMENTS

### HIGH HOLIDAY SECURITY

Please note that our security staff will be requiring tickets or photo identification for entrance into the building, and that bags will be inspected. Please do not congregate in the lobby outside Hirsch Hall. When the chapel is not being used for family services or meditation, feel free to gather in that room.

### KOL NIDRE APPEAL

We need the support of each and every one of you to be able to carry out our programming, and to provide all of the things that make our community the vibrant place we call home. Please consider a contribution this year.

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# ROSH HASHANAH

Sunday, September 9

Candle lighting until 6:56pm  
Sanctuary: 6:30pm  
Minyan M'at: 6:30pm  
West Side Minyan: 6:45pm

Monday, September 10

Sanctuary Service: 9am  
Minyan M'at: 9am  
West Side Minyan: 9:30am  
Tashlikh: Meet at Anshe Chesed at 5pm  
Minha/Ma'ariv in Chapel: 6:15pm  
Candle lighting after 7:55pm

Tuesday, September 11

Sanctuary Service: 9am  
Minyan M'at: Shavarit 9am  
West Side Minyan: 9:30am  
Minha/Ma'ariv in Chapel: 6:30pm

# SHABBAT SHUVAH

September 15, 2018 6 Tishrei 5779

**Vayeilech** Deuteronomy 31:1 - 31:30

**Haftara** Hosea 14:2-10; Micah 7:18-20;  
Joel 2:15-27

6:30pm **Kabbalat Shabbat in Chapel**

## Adult Services

9:15am **Shabbat Morning Study**

9:45am **Sanctuary Service**

10am **Minyan M'at in 5N**

10am **Rimonim on 6<sup>th</sup> Floor**

## Children's Services

11:15am **Mishpacha Service in 2N**  
For Families with Babies,  
Toddlers, and Preschool

11:15am **Yigdal Service in 2S**  
For Families with Kids  
Kindergarten – Grade 2

11am **Big Kids Service in Chapel**  
Kids Only, Grade 3 – Pre-  
Bar Mitzvah

## WELCOME BACK FAMILY SHABBAT SERVICE AND DINNER

Kick off the new year with a lively, family-  
friendly Kabbalat Shabbat service followed  
by dinner and open gym. Register by  
Wednesday, September 12th.

FRIDAY, SEPTEMBER 14 at 5:30pm

# FAST OF GEDALIA

Wednesday, September 12

From 5:10am to 7:10pm

# YOM KIPPUR

Tuesday, September 18

Candle lighting until 6:41pm, fast begins

## Kol Nidre:

Sanctuary Service: 6:30pm  
Minyan M'at: 6:30pm  
West Side Minyan: 6:30pm

Wednesday, September 19

Sanctuary Service: 9am  
Minyan M'at: 9am  
West Side Minyan: 9:30am

## Meditation at 4pm

Join Sheila and Sheldon Lewis for a  
contemplative meditation to rest,  
reflect, and recharge before Ne'ilah.

## Minha/Ne'ila:

Sanctuary: 4:30pm  
Join us for a dramatic telling of the  
story of Jonah with Jerry Raik.  
Minyan M'at: 5:15pm  
West Side Minyan: 4:45pm  
Tekiat shofar/fast ends: 7:39pm

# SUKKOT

Sunday, September 23

Candle lighting 6:33pm  
Mincha/Ma'ariv: 6:30pm

Monday, September 24 /

Tuesday, September 25

Sanctuary Service: 9:45am  
Minyan M'at: 10am  
Mincha/Ma'ariv: 6:30pm

Sunday, September 30

Hoshana Rabbah 8:30am  
Mincha/Ma'ariv: 6:30pm

## SHEMINI ATZERET

Monday, October 1

Sanctuary Service: 9:45am  
Minyan M'at: 10am

## SIMCHAT TORAH

Monday, October 1

Family Celebration: 6pm  
Ma'ariv: 7pm  
First Hakafah: 7:15pm

Tuesday, October 2

Sanctuary Service: 9:45am  
Minyan M'at: 10am

# FAMILY SERVICES

RH Day 1: September 10

Mishpacha: 10-11am in Chapel  
Yigdal: 10-11:15am OR  
11:30am-12:30pm in 6W  
Big Kid's: 11am-12:30pm in 4S

RH Day 2: September 11

Mishpacha: 10-11am in Chapel  
Yigdal: 10-11:15am in 6W  
Big Kid's: 11am-12:30pm in 4S

Yom Kippur: September 19

Mishpacha: 10-11am OR  
11:30-12:30 in Chapel  
Yigdal: 10-11:15am OR  
11:30am-12:45pm in 6W  
Big Kid's: 11am-12:30pm in 4S

## CHILDCARE

Please check in at childcare registration  
in the 100th Street lobby and obtain a  
nametag before taking your children to  
the childcare rooms. Children must be  
pre-registered.

When they are not in childcare, the  
safety of your children is your  
responsibility. We also wish to preserve  
an atmosphere of holiness in which  
people can pray without distraction. It  
is important that children do not play  
noisily in public areas of the building or  
run up and down the stairs. The rooftop  
playground is open for parents to  
supervise their children;  
unaccompanied children are not  
permitted on the roof.

Ages 2 – 5 in 3N

Ages 6 – 8 in 6N

RH Day 1 & 2 from 9am – 2pm

Kol Nidre from 6 – 9:30pm

Yom Kippur from 9am – 3pm

Yom Kippur from 5 – 7:30pm

## TEEN SICHA

On Rosh Hashanah (Day 1) and Yom  
Kippur, join us for conversation and  
learning. Engage with the themes of the  
High Holidays, as well as reconnect and  
meet other teens at Anshe Chesed!

MONDAY, SEPTEMBER 10 from  
12:15 – 1:15pm in 2S

WEDNESDAY, SEPTEMBER 19 from  
12:30 – 1:30pm in the Chapel